

## Profile:

The Praxisklinik Frauenstraße at Ulm/Germany was founded in 1993. Our basic idea was to bring together sub-specialists in various fields of women`s health. The clinic thrives to offer state-of-the-art care at one single location. In promote knowledge about women`s health, the Christian Lauritzen Institute (CLI) was founded, so that basic research in gynecological endocrinology, preventive medicine and anti- aging medicine can be conducted. The principal aim of this institution is to promote knowledge by experimental evidence and to keep it updated, thus to support patients and their physicians with facts generated by evidence based medicine (EBM).

## Geographical location:

The Praxisklinik Frauenstraße Ulm is located in the south of Germany half way between Muenchen and Stuttgart. It is about one hour`s drive from Switzerland and Austria.

## Sections:

The Praxisklinik consists of three main sections and of a non- profit research institute. The fourth main section is Preventive Medicine/Endocrinology and is located at Stuttgart in the Praxis Rotebühl ([www.vorbeuge-medizin.com](http://www.vorbeuge-medizin.com)).

### Fertility Clinic:

Reproductive Endocrinology and Infertility Treatment (<http://www.kinderwunsch-ulm.de>) (chaired by Prof. Dr. med. Karl Sterzik and Dr. med. Erwin Strehler): This section offers all methods of infertility diagnosis and treatment. In the recent year, the center has performed more than 1500 cycles of IVF/ICSI treatment.

### Prenatal diagnosis and treatment

(chaired by Prof. Dr. med. Wolfgang Huetter): This division is specialized in the surveillance of high-risk pregnancies (malformations, amniocentesis, CVS, cordocentesis), in state-of-the-art ultrasound diagnosis (3D and Doppler ultrasound) and associated laboratory tests (non-invasive diagnosis in pregnancy).

### Psychological Care

(responsible: Dr.med. Petra-Ilona Boerner): All patients, especially infertility patients are offered psychological counseling and care. This psychological support provides help and support for many important fields including stress management, coping strategies for depression or anxiety, counseling personal relationship issues, coping with pregnancy loss, CBT (group or single session), and health-coaching.

Additionally, all methods of **CAM** (complementary and alternative medicine) are practised: Acupuncture for increase of the success rates of embryo transfer, acupuncture for male infertility, hypnotherapy, herbal medicine

### Christian Lauritzen Institute

([www.christian-lauritzen-institut.de](http://www.christian-lauritzen-institut.de))

(chaired by Prof. Dr. med. Rainer Wiedemann): The institute is engaged in several basic research studies in cooperation with many universities inland and abroad. In addition, the most important topic of the institute is evidence based medicine (EBM) and the transformation of best evidence to patients and their physicians. Knowledge generated from best evidence is then transferred to specific health problems affecting males and females.

Approaches to cope with health issues are also offered. The members of the CLI are cooperating with the German Network for Evidence-Based Medicine (DNEbM, [www.ebm-netzwerk.de](http://www.ebm-netzwerk.de)). A cooperation with the University of Shanghai, China has been established to study and then offer eventual advantages of alternative medicine modalities.

## Members of the Praxisklinik

**Prof. Dr. med. Karl Sterzik** is consultant for gynecology and obstetrics with an additional qualification in gynecological endocrinology and reproductive medicine. He is professor at the University of Ulm and visiting professor at the University of Chieti, Italy. He is one of the pioneers of IVF in Germany and works in the field for more than 20 years. He has established the IVF Center at the University of Ulm. Since 1996 he is the head of the infertility unit of the Praxisklinik.



**Prof. Dr. med. Huetter** is consultant for gynecology and obstetrics with an additional qualification in obstetrics and high risk pregnancies. He is a lecturer at the University of Ulm. Prof. Dr Huetter is one of the leading experts in ultrasound and prenatal medicine in Germany.



**Dr. med. Erwin Strehler** is consultant for gynecology and obstetrics with an additional qualification in reproductive endocrinology and infertility. He has also earned a MBA degree in hospital administration and is a certified controller for quality maintenance and clinic management. In addition, Dr. Strehler is member of the German Network for Evidence-Based Medicine (DNEbM) and also tutor for EBM.



**Dr. med. Petra-Ilona Wiedemann** is a consultant psychotherapist from Stuttgart and works since July 2001 with additional authorization for the treatment of children and adolescents. The principal areas of her work are depression, fatigue, eating disorders in reproduction, and "anti-aging". Dipl. Med. Petra-Ilona Boerner is member of the German Network for Evidence-Based Medicine (DNEbM) and tutor for EBM. She is teaching in the subject of effective transfer of high quality health information (Evidence Transfer) to patients and their doctors.



**Prof. Dr. med. vet. Imam Danassouri** is the director of the IVF laboratory and visiting professor at the University of Chieti, Italy. He was director of the IVF Lab at the Stanford University and Scientific Director at the University of New Jersey. Prof. Danassouri is Scientific Director of the European Institute of Reproductive Medicine and works in the field of in vitro fertilization for more than 20 years. He is HCLD (High Complexity Laboratory Director) and ELD (Embryology Lab Director) and member of the committee for establishing guidelines for quality control and certification of IVF labs.



**Prof. Dr. med. Rainer Wiedemann** is consultant for gynecology & obstetrics with an additional qualification in gynecological endocrinology and reproductive medicine. He is lecturer at the University of Munich (LMU, Germany). Evidence-Based medicine (EbM) in theory and in the practical application for consultants and patients is the most important scientific topic since recent years. He is actively involved in the German Network for Evidence-Based Medicine (DNEbM) and in Evidence Organizations of the University of Oxford (England). Furthermore, he is an acknowledged tutor for EbM and teaches patients and physicians in Evidence Transfer.

